



EDGEWATER PRIMARY SCHOOL

An Independent Public School

Aspire Confidence Respect

Newsletter

Issue 1 15 February 2019

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Upcoming Events

February

Mon 18 ♦ School Board
Meeting 7.15pm

Fri 22 ♦ Assembly—
Student
Councillors
announced
♦ Food Trucks
Fiesta @ Nature
Play 5-8pm

Mon 25 ♦ P&C Meeting
7pm

March

Fri 1 ♦ School
Development
Day—Students
do not attend

Mon 4 ♦ Labour Day
Holiday

Fri 8 ♦ Assembly—
Student
Councillors

Tue 12 ♦ Y6 Camp

From the Principal

Welcome to the start of the 2019 school year. With the support of the Parents and Citizens Association we have a well-planned and exciting year to look forward to.

Fifty four kindergarten children begin their first year in public schooling and we welcome six new families to the school community.

Safe, caring and engaged environments is one of the priorities in the school's [Business Plan](#). As we work towards developing our students personal and social capabilities this year we will be guided by the "Be You" resource which has been developed by the Australian Government Department of Health to address mental health and wellbeing in schools.

The World Health Organisation defines mental health as a state of well-being in which every individual realises his or her own potential, can cope with the stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community.

As we look to the teaching and learning ahead of us in 2019, I am inspired by the words of Australian of the Year, Craig Hallan; "confronting the small challenges that appear every day and taking responsibility for your actions and their consequences is the only way you can possibly be ready for life-defining events".

Schools report student progress in two ways. Firstly, through the mandated Semester 1 and 2 student reports. Secondly in two informal ways, being the school open night and parent interviews. The two informal reporting sessions are reviewed periodically by staff and the School Board. Parent interviews are viewed by the parent representatives of the Board as an opportunity to discuss student progress in more depth.

Schools have the option to close for a half day to meet reporting requirements. In Term 4 the School Board supported the decision to apply for a half day closure to meet the time involved to conduct interviews.

Before and After School Care (Emerald Park) will be available/open to accommodate families during this time. Please contact the school if you require assistance.

We welcome Mr Baker, who is taking on the role of PE for a semester whilst various staff are on long service leave.

With two school board members departing the Board this term, I encourage parents to consider nominating for a position. Nominations will be called for in an upcoming newsletter following the first Board meeting in Week 3.

Kim Perkins

Teacher Interviews

Wednesday 27 March from 12pm

Students need to be collected at 12pm



Running Club

Our very popular Running Club recommenced on Wednesday 13 February with our new Physical Education teacher Aaron Baker at the helm.

It was pleasing to see so many students and their parents who came to participate in this event. Held every Wednesday this term at 8.10am, the Running Club is a great physical and social activity.



Kindergarten News

We have three amazing groups of children this year. They have quickly settled into new routines and are making lots of new friends. We thank all parents for making this transition from home to school such a smooth process and look forward to having lots of fun this year.



Double Gold

Both Jacob F and his elder brother Noah participate in Little Athletics at Woodvale Little Athletics. They compete every [Saturday morning](#) at the Kingsway Little Athletics Centre.

Recently they both competed in the 2019 Little Athletics WA State Combined Event Championships. Noah competing in the under 15 heptathlon, Jacob competing in the under 12 pentathlon. Competing against the best athletes in the state, both boys achieved a gold medal.

A fantastic result. Noah has been invited to represent WA at the Coles Australian Little Athletics Championships (ALAC) to be held in Hobart, Tasmania in April.



From the Canteen

The start of another school year! I think is going to be a good one. Welcome back everyone and thank you to the new students and families who have introduced themselves to me. I'm sure you're going to love being part of the EPS community. A little info about our school Canteen:-

- we are open Monday to Friday, from 8.15am to 1.45pm and are located in the undercover area.
- Sharon and I run the Canteen. Sharon covers Wednesday and Thursday and I work Monday, Tuesday and Friday.

Copies of our menu can be found in the Canteen and on the school website. Orders for lunch can be placed in person at the Canteen before 9.20am in the morning or through the online ordering system, [Quickcliq.com](https://www.quickcliq.com), before 9.00am.

- All our tray meals and snacks are cooked in the Canteen and are preservative free, full of hidden veggies and low in sugar.

We enjoy celebrating special days in the Canteen and often bake/cook theme-based snacks/meals as a treat for our students. We celebrated Valentine's Day on Thursday with Chocolate Brownies and Red Velvet Cupcakes. What the students didn't know was that the brownies were made with zucchini and the cupcakes with beetroot!

Please don't hesitate to see me in the Canteen or call me on 9405 3528 if you require any further information.

Kerry van Drunick—Canteen Manager



Bushfire Awareness

We are well into the bushfire season and already there have been a number of close calls for communities like Jandabup and Forrestdale. DFES reminds all of us to recognise our personal risk and be prepared **before** a bushfire threatens.

Edgewater Primary School has a Bushfire plan with procedures in place for the safety of students and staff. We are committed to helping students and parents remain alert and aware during the bushfire season.

For further information go to firechat.wa.gov.au



THE FOUR FACTS OF FRIENDSHIP

Dana Kerford

Friendships are central to our students' lives and are among the most important relationships they experience, in school and beyond. When children face challenging friendship issues, their wellbeing and ability to learn is inhibited.

So, how do we teach our students to have healthy relationships and guide students to bring them to life and successfully navigate inevitable challenges? The answer: **Focus on friendship skills**. When we teach children how to form deep and meaningful friendships, they learn universal strategies that will apply to relationships in their lives.

The URSTRONG team has been helping students and schools for more than a decade and continues to convey the four key, underlying, teachable **Friendship Facts** that help students successfully build and maintain strong, meaningful and healthy peer relationships.

These four simple truths allow our students to develop realistic expectations and feel successful in their friendships:

1. No friendship (or relationship) is perfect

Our students need to understand that conflict is a normal, natural part of a friendship – and they can survive it. When children learn to face their [Friendship Fires](#), as we call them, and resolve conflict in a way that respects themselves and others – they are less likely to engage in unhealthy behaviours. Helping our students become master conflict-resolvers, rather than conflict-avoiders, fundamentally helps shift a school culture to a place of kindness and respect.

2. Every friendship is different

This seems like common sense, but children often expect every friendship to operate in the same way. They need to understand that every friendship is different because every person is different. This means, what works with one friend may not work with another. If your children are experiencing a challenging friendship, encourage them to describe when they feel most comfortable with that friend. What are they doing when it feels difficult or complicated? Help your children become strategic about their friendships by identifying what works and devising a plan to address things that are not working. Our children need to understand that each friendship is unique and requires its own set of instructions.

3. Trust and respect are the two most important qualities of a friendship

Trust and respect are the foundation of a strong friendship. When mistrust or disrespect develops, the foundation starts to crack. Ask your children: 'What does trust look like in a friendship?' Discuss topics like secrets, reliability, loyalty, honesty and promises. Ask them: 'What does respect look like?' Discuss topics such as listening, inclusivity, discrimination, stereotypes, family values and religious beliefs. Exploring what trust and respect looks like in action, helps our children identify the key ingredients of a healthy friendship.

4. Friendships change... and that's okay

Friendships are constantly evolving because people are always changing. Sometimes we change, learn and grow alongside our friends; sometimes we simply grow apart or friendships become [unhealthy](#), even toxic. Our children need to become comfortable with this natural ebb and flow of friendships and accept that some friendships may only last a brief time. Remind your children they deserve feel-good friendships and, as hard as it is, sometimes even the 'best' friendships change... and that's okay.

Teaching and reinforcing these four concepts empower children to create strong boundaries and make smart choices within their relationships; helping them set the stage for healthy friendships to grow. When friendship skills are explicitly taught, our children learn how to manage the realities of all their relationships and schools become a place of harmony and belonging.

To learn more about enhancing the social-emotional wellbeing of children through friendship skills visit the [URSTRONG](#) website.



Dana Kerford

Dana is a teacher, friendship expert and the founder of URSTRONG, an internationally-recognised social-emotional wellbeing program for kids. A mother of two and an educator, Dana is passionate about empowering children with the skills, language, and self-confidence to develop healthier relationships.

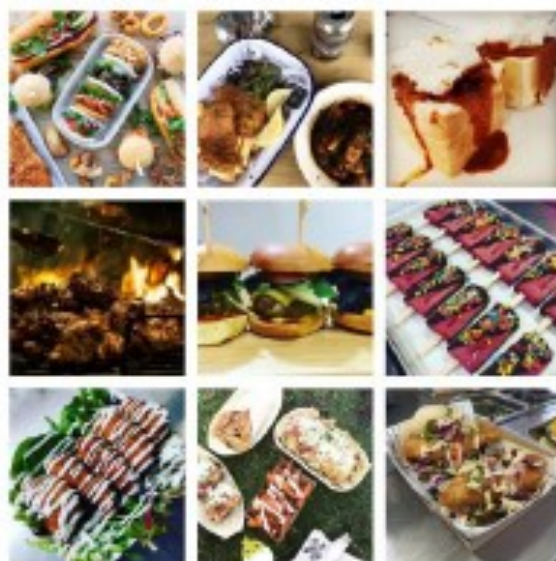
Welcome Back to School

This year we are celebrating the start of a new school year with a

Food Truck Fiesta!

Friday 22 February 5-8pm

Edgewater Primary School Oval



Bring your family and friends along to enjoy delicious foods from around the world, while being entertained by local talent.

Fussy kids and most dietary requirements catered for.

This is a smoke, alcohol & pet-free event

Please bring along a picnic rug and / or chairs

Parking is limited, so consider walking if you live close by

Look after our school & the environment by using bins provided

Free face
painting, disco
& more!

EDGEMEN 2019 CAMPOUT



Calling all EPS Fathers and Father Figures - the 2019 fathers and kids campout is here!

DATE & TIME

Saturday the 30th March 2019. Arrive after 12pm Saturday and leave before 12pm Sunday.

LOCATION

Yanchep National Park, 30kms north of Edgewater.

SO WHAT'S THE GO?

The event is designed to offer a unique camping opportunity so participants are encouraged to bring along their favourite activities and games to play, as you would on any traditional camping adventure. It will be a great opportunity for Edgewater fathers and kids to meet, socialise and enjoy the park's facilities. Be as interactive as you would like or just do your own thing. A few fun, light activities may be conducted however the focus of the event remains directly on fathers and their kids.

COST

\$11 per adult and \$3 per child. (Book via www.edgemen.com.au)

CAMPSITE INFORMATION **ALL SITES ARE UNPOWERED**

Tents, swags and rooftop/awning tents are preferred however campervans, small caravans & camper trailers are also permitted. The campground has flushing toilets, showers, picnic tables and gas barbecues.

OPTIONAL ACTIVITIES

Yanchep National Park boasts a free koala boardwalk, an abundance of kangaroos, 9 bushwalking trails, bike trails and free BBQs everywhere. Crystal Cave and a brand new 'Trees Adventure' rope and zipline experience has also just opened for those who dare.

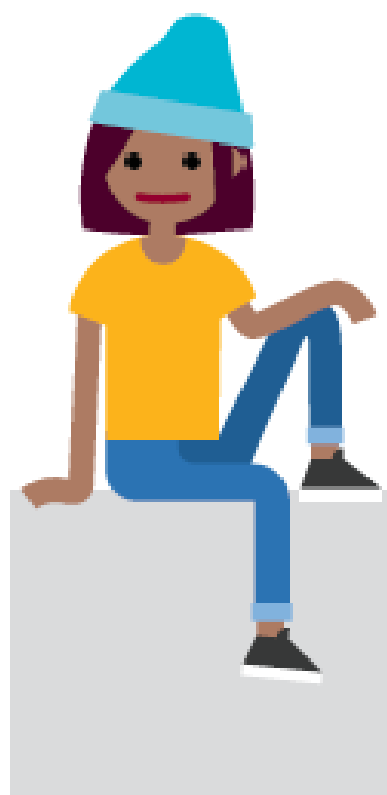
Further information and booking links are available on the Edgemen website:

 <p>Edgewater Primary caring</p>	<p>www.edgemen.com.au</p> 	
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Western Australia's
leading personal
safety training
organisation

Certified Protective Behaviours Training



Universal FoundationsPLUS

– the only way to become a recognised
Protective Behaviours Practitioner

At our most recent training session, the head of a junior school described her experience as "the best and most practical Professional Development she had ever attended."

Held over two days, this training is suitable for all staff in community organisations, schools, health, social services and early year's sectors and government departments who work with children and young people.

This course is also a prerequisite for the Advanced Practitioner level and Train the Trainer course.

In PBWest's new revised training, participants will gain a deeper understanding of the framework underpinning the Protective Behaviours Process, a stronger connection to the themes, concepts and strategies of Protective Behaviours, and its application with all forms of safety including but not limited to;

1. Child sexual abuse prevention
2. Bullying – strategies to keep safe
3. Domestic violence
4. Neglect
5. Emotional safety
6. Abuse
7. Mental health
8. Healthy relationships

Training dates: March 18 and March 19

Times: 9am until 4.00 pm

Venue: Liberty suites -197 St Georges Terrace, Perth,

Fully catered. Cost for two days: \$650 +GST

Please make all enquiries to info@pbwest.com

Hurry places are filling fast – don't miss out on this rare and amazing opportunity to train with Protective Behaviours International trainers.

www.pbwest.com.au

[book your tickets here](#)



If your child is currently in Year 6,
then now is the time to apply for a
scholarship

Mater Dei College 2020 Scholarships



Scholarships are available in the following areas:

- **Academic for Year 7**
- **Music Scholarships**
- **Hawks AFL Academy**



For further information please view our website:

<https://www.mdc.wa.edu.au/enrolment/scholarships>

Or contact our Enrolments Officer on Ph: 9405 4777 Email: enrolments@mdc.wa.edu.au

SINGING FOR KIDS



Does your child sing all the time?
Is your child shy and lacking in confidence?
Does your child create their own songs?
Are you looking for more opportunities for your child to sing?

Singing Joeys
Age 3-6

Singing Roos
Age 6-12

Vivid Stars
Age 10-15



Choirs4kids is a fun, relaxed, community singing group for kids
in an open inclusive and supportive environment

www.choirs4kids.com.au

sue@choirs4kids.com.au

