

#### **EDGEWATER PRIMARY SCHOOL**

An Independent Public School

Aspire Confidence Respect

# Newsletter

#### Issue 11

#### **17 November 2023**

#### **Inside this Issue**

40th Anniversary

SchoolTV

**Bushfire Season** 

#### **Upcoming Events**

#### November

Mon 20

◆ School Board Meeting 7.15pm

Wed 22

◆ 2024 Kindy Blue Group Orientation 9-10am

Fri 24

♦ EOY Disco

Mon 27

◆ Kindy transition to PP

Tue 28

 ♦ Y6 Transition to Belridge SC

Wed 29

◆ 2024 Kindy Red Group Orientation 9-10am

#### December

Fri 1

♦ Kindy Assembly

♦ Kindy Aussie of the Month

Kindy transition to PP

Wed 6

◆ 2024 Kindy Information Session

Tue 12

◆ Y6 Graduation Rehearsal

♦ Y6 Graduation Ceremony

Wed 13

Y6 Dinner Dance

♦ Y6 Fun Day

Thu 14

♦ Keyed Up Music Concert 3.15pm

♦ Last Day of Term 4

# From the Principal

The 40<sup>th</sup> Anniversary Celebration recalls the proverb "it takes a village to raise a child". An understanding that an entire community must provide for and interact positively for our children to experience and grow in a safe and healthy environment.

I would like to bring to your attention the latest impact some of our talented parents are having on creating positive outcomes for students and the school.

After working with the School Board for three years on gaining an upgrade to our basketball courts, I am reminded that the key to **resilience** is trying hard, then stopping, recovering, and trying again.

This important message on resilience was the focus of the Mental Health Workshops delivered to students in week one by talented parent **Greg Hire** from **A Stich in Time**.

As we take on the challenge of upgrading the undercover area over the next few years, we are fortunate to have talented parent **Meera Chokshi's** skills as a sustainable architect to design a contemporary upgrade to the existing undercover area.

Thank you to **Brendan Ballarine** for taking on the role of reimagining the Fathering Project - Edgemen. We look forward to what is possible in 2024.

The final **P&C** meeting for 2024 is **Wednesday 29 November at 7.00pm** in the school library. This is the meeting to attend if you would like to join the growing number of parents who understand that "it takes a village to raise a child".

#### **Kim Perkins**



EPS JUNIOR DISCO Friday 24<sup>th</sup> November 2023 4:00-5:30pm – EPS Undercover Area

EPS SENIOR DISCO
Friday 24<sup>th</sup> November 2023
5:45-7:00PM at the EPS Undercover Area

Tickets \$5 each

# In This Edition of SchoolTV— RAISING GIRLS

Raising girls in today's modern world can be a difficult path for parents and carers to navigate. These days, girls are transitioning to puberty a lot earlier than they used to and the physical, psychological and emotional changes they experience are challenging. As a result, by midadolescence, girls are twice as likely to develop mood disorders more so than boys.



What are girls most wanting from their parents?



Some parents and carers may feel uncertain about how best to support their daughter through the ups and downs of adolescence and how to keep the lines of communication open. With the rise of social media and technology, mental health difficulties in girls are increasing as often they are faced with online images that make if difficult to see themselves as acceptable. Ensuring a daughter's opinions are heard and her views listened to, will go a long way towards making her feel loved and supported as she tries to establish her own identity.

In this edition of SchoolTV, adult carers will attain a clearer picture of what girls are wanting from their adult carers and how best o support them through adolescence.

Here is the link to the Raising Girls edition of SchoolTV.

https://edgewaterps.wa.schooltv.me/newsletter/raising-girls

## The Bushfire Season Is Here!

Scan the QR code for emergency.wa





# **Celebrating 40 Years**

Photos, photos and more photos—40 years of memories were on display around the school at the anniversary celebrations on Friday 3 November.

Guests at the morning assembly were entertained by a Mr Butt special item, featuring music, TV and EPS over the last 40 years. Morning tea included the traditional birthday cake for visitors and every student was given an anniversary cookie.

After school celebrations including food trucks, face painting and first class

entertainment by the school choir, xylophone and recorder ensemble, led by Mr Hadzic, and various other amazing artists.

It was great to see so many former students and staff revisiting our school. We hope to see everyone back again for the 50th celebrations.















## **From Manager of Corporate Services**

How fast this year has gone by, not long now and Christmas will be here.

As we draw to a close for another school year I would like to take the opportunity to say thank you for the warm welcome to the school. Edgewater Primary has such a lovely community spirit and it is amazing to be a part of it.

We have now posted to the school website the new <u>contributions and charges schedule for 2024.</u> While contributions are voluntary, the excellent quality of our teaching and learning program is supported through these payments and your support in this way is greatly appreciated.

If you have forgotten to make the voluntary contribution for 2023, it's not too late, please transfer the funds to the account details below at your earliest convenience.

The preferred method of payment to the school is an EFT transfer, with the student's name as a reference. Please email me once you have made the payment to advise what you would like the funds allocated to: <a href="mailto:Kristy.Graindorge@education.wa.edu.au">Kristy.Graindorge@education.wa.edu.au</a>

School Account Details: Edgewater Primary School BSB: 016 494

Account: 340968448

Please do not hesitate to contact me should you have any queries.

Kristy Graindorge—Manager Corporate Services

## From The Canteen

Our school garden has been bursting with abundance. We've received harvests of cucumbers, tomatoes and red onions, which we've used in our fresh salads and spaghetti sauce. Thank you to Mr Adam Smith and the Sustainability Committee for lovingly tending the garden, collecting the food scraps from the Canteen and composting them. Knowing that our students are eating fresh, healthy and organically grown veggies makes us very happy.

Christmas is coming to the Canteen! Look out in Weeks 8 and 9 for some Christmas treats at recess (in addition to our usual fare), which will be selling for between \$1 and \$2, while supplies last.

The Canteen will be closing for the year on Friday 8 December 2023. This will be the last day for lunch orders and counter sales. We will be making use of the final week of term, Week 10, to attend to some much needed maintenance and deep cleaning in the Canteen. We thank you for your understanding and, especially,



# Small changes, big differences. Triple P – Positive Parenting Program



# Understanding and supporting your child with ADHD

Parents of children with ADHD can face special challenges.

Parents can feel frustrated that strategies that work for neurotypical children don't seem to work for their child. Some of the innate challenges of ADHD can lead to conflict and disappointment.

Note: this session may also be helpful for parents with children where ADHD is suspected but not yet diagnosed.

### In this session, you'll learn:

- √ The causes of ADHD
- How ADHD can affect children at home
- ✓ How ADHD can impact learning at school
- ✓ Some problems associated with <u>ADHD</u>
- How ADHD is assessed and who can diagnose
- How ADHD presents and can change throughout childhood
- ✓ Helpful strategies when seeking support for your child
- How to work with your child's school
- How to create a supportive family environment
- How to use assertive discipline
- ✓ The importance of your role as a parent and how you can look after yourself



Venue: Eddystone Primary School (Library)
CLICK HERE OR SCAN QR CODE TO REGISTER

Session will be facilitated by Brendan Everett - Advanced Skills School Psychologist

