



# Canteen Menu Term 3 2025

Canteen open 3 days per week  
Wednesday, Thursday & Friday

ALL Lunch orders need to be made online:



<https://quickcliq.com.au/>

**Automatic order cut off time is 8.45am**

Orders can be made up to 4 weeks in advance

Online ordering helps us to keep food costs down by streamlining administrative tasks and significantly reducing food wastage.

We are always in need of **volunteers** particularly now that we are running a predominantly **HOMEMADE** menu.

Please let us know if you Or a family member can donate some of your time. Volunteers help us to continue our homemade menu and keep food costs down.

**Students LOVE having a parent Or family member help out at the canteen!**

Vegetarian & Gluten Free options available, check Quickcliq for more details

## Snacks

A selection of the following:

- ☺ Pizza Slice \$1.50 (G)
- ☺ Cookies 50c
- ☺ Cheese Stick \$1.00 (G)
- ☺ Boiled Egg \$1.50 (G)
- ☺ Corn Cob \$1.50 (G)

- ☺ Popcorn \$1 (G)
- ☺ Yoghurt \$1.50 (A)
- ☺ Fruit 50c - \$1 (G)
- ☺ Apple Slinky \$1.25
- ☺ Cheese & Crackers \$1.50 (G)



## Homemade Hot Meals (G)

Our homemade meals contain plenty of fresh herbs and vegetables (often hidden). We decrease the amount of salt and sugar in most recipes and avoid nasty additives where possible.

Many of the herbs and vegetables are grown in the schools very own garden.

~ \$5.50 Mac & Cheese

~ \$6 Pasta Bolognese, Butter Chicken & Rice, Chilli Con Carne & Rice, Bangers with Mac & Cheese.

**Salad Bowl \$6 (G)** Filled with seasonal vegetables and 1x protein of your choice (chicken, ham Or free range egg ). Inc a vinaigrette dressing.

## Sandwiches ~ \$2.50 (G)

Make it a roll Or wrap add \$50c

**We use Bakers Delight wholemeal Bread and Rolls**

- ☺ Ham \$1.50
- ☺ Egg \$1.50
- ☺ Chicken \$1.50
- ☺ Cheese 80c
- ☺ Baked Beans 50c
- ☺ Toasted 50c
- ☺ Salad \$1.00 (lettuce, tomato, carrot & cucumber)

## Drinks

- ☺ Flavored Milk \$2.00 (G)
- ☺ Juice Box \$2.00 (G)
- ☺ Juice Bomb \$2.50 (A)
- ☺ Water \$2.00 (G)

## Frozen Treats

- ☺ Vanilla Tub \$2 (A) GF
- ☺ Lemonade Icy Pole \$2 GF
- ☺ Paddle Pop \$2 (A)
- ☺ Quelch 1.00 (A)
- ☺ Cyclone \$2.00 (A)

## Daily Specials

### Wednesday

#### Snack Box \$6.00 (G)

Seasonal fruit, vegetable sticks, cheese, rice crackers, French onion dip & a protein of your choice (Free Range Egg Or Ham)

#### Dino Snacks & Potato Gems \$5.50 (A)

Tempura Chicken Dino Snacks served with Potato Gems and 1 x sauce of your choice.

#### Sushi (G)

Cooked Tuna 6 Piece GF \$7.50

Teriyaki Chicken 6 Piece \$7.50

### Thursday

#### Burgers \$6.00 (G)

Beef Or Chicken

Served in a large bakers delight roll with salad (lettuce, tomato, carrot & cucumber).

### Friday

#### Pastries

Beef Pie \$5.00 (A)

Gluten Free Beef Pie \$5.80 (A)

Sausage Roll \$4.50 (A)

Spinach & Ricotta Roll \$4.50 (A)

Gluten Free Quiche - Cheese & Bacon \$5.50 (A)

Party Pie Or Party Sausage Roll \$1.50 Each (A)

Masterfoods Tomato Sauce, BBQ Sauce 50c each



**Please encourage your child to make healthy food choices - we do!**

**G- Green (Healthiest Choice)**

**A- Amber (Eat in moderation)**

